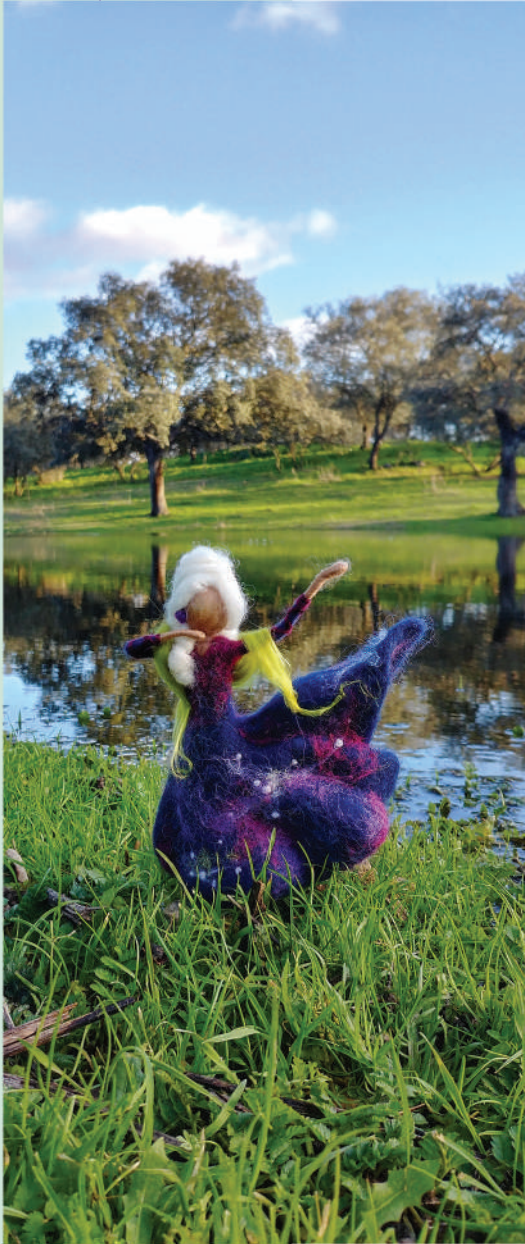




Mistybosh

Creative workshop project for education centers.
Nurse, Primary and Secondary school.



Introduction

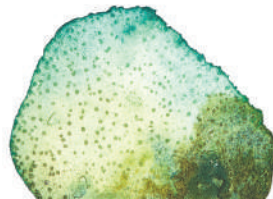
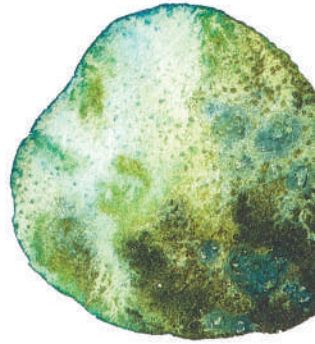
Fast, fast or we won't get there on time, we're late... in a rush, to school, back home, to extracurricular activities...

We live in a fast paced world, short of time.

Time to think, time to listen, time to get bored, to focus, to find oneself.

Mistybosk project pretends to create a space of **calm**, a break, a parenthesis where kids can come to a halt, **discover**, create and **marvel** at what come out of their hands and imagination.

A space where the **path** is more important than the destination.



About me

Mounya Accad, half French half Lebanese, living in Madrid since 2007

During a life defined by change, art has been for me a constant, a root, a center.

In my trajectory as an artist, I have explored and practiced a variety of artistic techniques.

Working with wool is one of the most versatile activity that I have experienced. For this reason I created this project, in order to share useful tools in the different stages of child development.





How?

Through a series of woolfelting workshops in which children will find:



a **natural** material with which to **work**



simple techniques to **express** themselves



time to **create**

Why fool felting?

Felting is a **simple process**.
Anyone can practice it.

Felting demands **concentration** and **precision**.
You need to be present in the moment and focused on your movements.

It is a slow process that **requires patience**.
While felting you can immerse yourself in your work and get to a sense of peace.

Creating with wool offers an **unlimited quantity of possibilities** and results.
You can explore, try, go back, change your course... and adapt your creative process.

Design and work plan

The project is conceived as a series of workshops that can be integrated into the center's calendar for the stages of **nursery**, **primary**, **secondary** or extracurricular activities.

They can be organized on a **weekly** or **monthly** basis, at the time that best suits the center.

Weekend workshops are available for children or families.





Methodology

Active: focused on the children's rhythms.

Each session lasts an hour and a half and consists of:

A welcome during which the children can share their **expectations**.

Presentation of a simple **technique**.

Free and accompanied activity so that they can develop their project without haste.



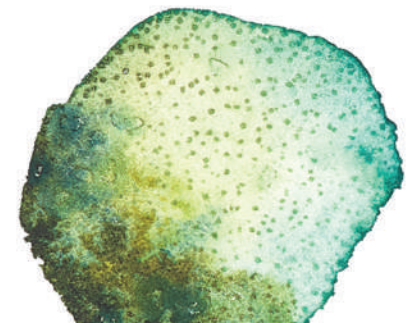
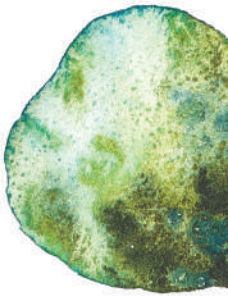
Nursery

Focus: sensory

At this stage, children develop **fine motor skill** and discover the world through their senses.

Wet felting (with **soap and water**).

They will be able to manipulate and work the wool, feel its touch, smell it and watch it **transform under their fingers**.





Primary

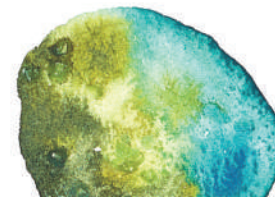
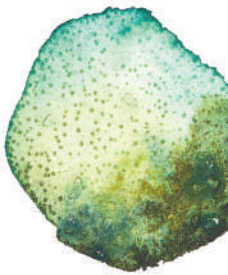
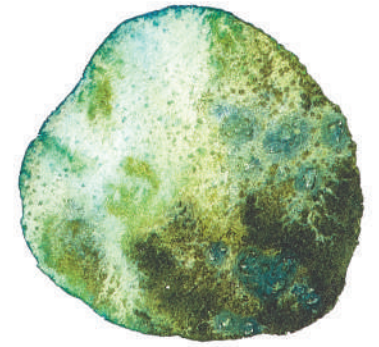
Focus: creative

At this stage, children discover the world and complete it with their **imagination**.

Needle and/or wet felting.

Needle felting, they will be able to start working with **precision** and complete their projects.

Wool is a material with which they can **draw, paint or sculpt** whatever their mind creates.





Secondary

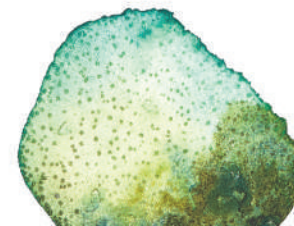
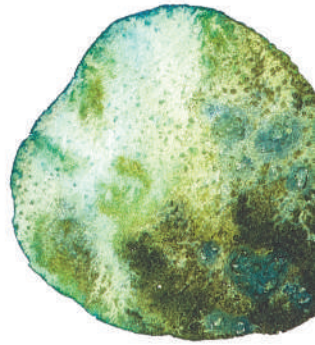
Focus: expression

Adolescents live a moment of great **changes** that creates a lot of **stress** and moments of **confusion**.

The workshop is organized in an **open and flexible** way so that each student can live it according to their **rhythm** and their **needs**:

Moments of **calm**, moments of **concentration**, moments of **connection** and **sharing** with others, moments of **expression**.

Needle and/or **Wet felting**.



Modalities



Weekly workshops of an **hour and a half** from October to May:
28 workshops: € **2,520** +VAT (€60 +VAT/h).
Material included.



Monthly workshops of **2 hours** from October to May:
8 workshops € **1,280** +VAT (€80 +VAT/h).
Material included.



Punctual workshop of **3h**:
1 workshop € **270** +VAT (€90+VAT/h).
Material included.

Workshops can be taught in **Spanish, English** or **French**.

The ideal capacity is 10/15 students.

Contact



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Thank You!

